



Holiday Hamper Food Item Requirements

| | |
|--|--|
| Cranberry Sauce | Stuffing Mix |
| Canned Pineapple | Applesauce |
| Bottled Juices – Apple or Cranberry | Canned Turkey or Beef Gravy |
| Cookies – any kind | Snack Crackers – any kind |
| Christmas Candies – any type | |
| GENERAL FOOD REQUIREMENTS | |
| Chunky Soups – any kind or flavour | Sidekicks and Ramen soup packets |
| Canned chili, spaghetti, ravioli | Canned beef stew |
| Canned Ham, Corned Beef or Spam | Canned Tuna |
| Flakes of Ham, Chicken or Turkey | Canned salmon |
| Canned Potatoes / Instant Mashed Potatoes | Rice |
| Pudding cups – any flavour | Granola Bars / Cookies |
| Cereal and Oatmeal – any kind | Soda (Soup) Crackers |
| Peanut Butter | Jams – any flavour |
| Coffee (instant, regular or decaf) / Tea (any kind) | Paper Towels / Toilet Paper |
| Condiments - salad dressings, mayonnaise, sauces (e.g. HP Sauce, soya sauce, Worcestershire sauce etc.), dried spices, salt & pepper | Household items e.g. dish soap, laundry detergent, cleaning products |
| Soap (hand and body – bar or liquid) toothpaste, toothbrushes, razors, hand and body lotion, mouthwash, feminine products, diapers | |