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Ann Marie Patrick brings immersive forest-inspired art to Niagara Pumphouse

Niagara-on-the-Lake Local Staff
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1 / 3 Anne Marie Patrick is presenting Forest Bathing: A Solo Exhibition. | Photo supplied

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NEWS RELEASE

NIAGARA PUMPHOUSE ARTS CENTRE

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The Niagara Pumphouse Arts Centre is pleased to present Forest Bathing: A Solo

Exhibition by Ann Marie Patrick, on view from September 3 to 29, 2025 in the Joyner Gallery. *Forest Bathing* is a unique textile and fabric-based collection, showcasing the artist's innovative approach to fibre arts. An opening reception with the artist will be held on Sunday, Sept. 7, from 2-4 p.m., with remarks at 2:30 p.m.

The exhibition draws inspiration from the restorative experience of immersing oneself in nature. Patrick explains, "In today's anxiety-ridden world, we strive for balance and inner peace. Being in and becoming part of nature helps rid us of turmoil and reminds us of the serenity around us. Bathe in the beauty of the forest."

Patrick's work is described as "experimentally eclectic"—unbound by any single technique, she explores dyeing and printing her own fabrics, incorporating diverse textiles, textures, and forms. Her art reflects the sensory richness of the natural world: colour, shape, texture, and even imagined scent. Each piece invites viewers to step into the scene and connect with the varied beauty of the outdoors.

The artist's inspiration stems from time spent walking in the woods near her Lake Huron home. These sojourns left her invigorated and creatively renewed, a feeling she hopes to share with her audience: "I do hope the viewers will experience just a touch of these emotions."

Patrick has exhibited widely across Ontario, including at Fringe Art Gallery (London), Patina Art Gallery (Bayfield), Illumine (St. Thomas), Davis Studio (Stratford), and The Art Gallery of Burlington. Her work has also been featured at national-level exhibitions such as Quilt Canada (2014, 2016) and the Festival of Threads (2015), where she earned the 2016 Award of Excellence in Innovation. She is a member of Studio Art Quilt Associates (SAQA), the Canadian Quilters' Association, and several local textile arts groups.

For more information about *Forest Bathing* and other exhibitions, visit niagarapumphouse.ca.

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