

## SAM PAONESSA PLEIN AIR WORKSHOP COURSE

### MATERIALS LIST

Course Name: PLEIN AIR WORKSHOP AUGUST 17,18, 2024

Instructor's Name: Sam Paonessa

- Outdoor Easel
- Stool or chair if desired to sit /small table if desired
- Wheeled Cart or wagon to carry materials
- Bug Spray/ Sun screen/ Hat/ Drinking water
- Umbrella for shade (optional)
- Bungee cords (to weight easel in case of wind)
- Box for wet paintings
- Paper towels or cotton rags(better)
  - Mixed media sketchbook for \* **recommended to work out compositions, tonal value studies or taking notes** practice (XL Canson) 9"x12" or whatever size preferred
  - Pencils or Watercolour Pencils(for acrylic painting) gray, black, brown for sketching (Eraser, sharpener)
  - Apron
  - Green painters tape (hardware store)
  - Nitrile or Latex gloves if desired
  - Artist's Soap (\*Vegetable oil for oil painters then preferred soap) for cleaning brushes
  - Garbage bag for waste

**Notes:** If you have Acrylic or Oil materials/ tools already, please use what you have . It is not compulsory to have every item on the list. The list includes tools that I use.

**Colour palette of Artist quality Acrylics or Oils**(Golden, Winsor & Newton Artist Colours, Liquitex Artist Colours, Gamblin or Holbein(\* Note that some colours are recommended to get large tubes if possible for convenience)

OILS or ACRYLICS

- Titanium White (Large tube)
- Cadmium Yellow Light or Hansa Yellow
- Cadmium Red Medium or Red Deep or Alizarin Crimson

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- Ultramarine Blue
- Phthalo Blue -Phthalocyanine Blue) \*Optional- Cerulean Blue or Manganese Blue
- Quinacridone Magenta or Medium Magenta(in acrylics)
- Dioxazine Purple (\*Optional but helpful)
- Phthalo Green or Viridian Green
- Sap Green (find a Sap Green with a strong value)
- Ivory Black or Payne's Gray
- Cadmium Orange or other Yellow Orange
- Raw Umber(\*\*Optional but helpful)
- Yellow Ochre

- Optional- Transparent Red Oxide or Burnt Sienna

**FOR ACRYLIC PAINTERS- Mediums: (Golden or Liquitex are quality brands that I use)**

**\*Oil paint can be used over these products after dry!**

- Gesso- small tub (Liquitex or Golden or whatever you may already have)
- Matte Medium (Liquitex or Golden is what I use)

**FOR OIL PAINTERS – GAMBLIN non toxic Safflower Gel Medium in a tube**

-Odourless Solvent or Mineral Spirit

- Medium- Another painting medium option for oil is a fast drying refined linseed oil

\* Vegetable oil is an easy way to clean oil paint /brushes if solvents are trying to be avoided

- Disposable Palette 9 X 12 or larger

**\*Sketch book recommended to work out compositions, tonal value studies or taking notes**

**Brushes and Other Tools (Synthetic and/or natural hair brushes):**

**\*Basically if you have a variety of small medium and large sizes of brushes you will be fine.**

- Filberts 3,4,8,10 (Even Larger if budget allows)  
Flats- #3,#6 , # 8 # 12 (Soft hair/synthetic) 1" width is useful  
Rounds- #1, #2, #4 (soft hair synthetic or sable)
- 1.5 – 2 inch wide house painting brush (or even wider for applying tints)

Can purchase at Dollar Store or Canadian Tire

\*\* For those who want excellent quality brushes and still affordable price range

look at Rosemary Brushes from the UK <https://www.rosemaryandco.com/gift-sets/set-125-oils->

This set of 7 brushes(Ivory Set) is approximately \$110 CDN and well worth it. Suitable for both Oils and acrylics.

- Shapers -**Princeton Catalyst White Silicone Mini-blade #4**
- **\*Optional- Handheld #6**
- **Brayer- 2" or 4" or both**(brayer is used mostly in print making or lino block printing)

**Speedball is a good brand**

**Surfaces:**

- Frederix **\*REAL Canvas** Pad 9 X 12 or 12 X 16 (For exercises or practice)
- **Canvas, Birch or Masonite Panels** or a combination (Good to try various surfaces)

SOME SIZES I USE -11 X 14, 12 X 12, 12 X 16, 14 X 18 Panoramic size 1:2 ratio such as 10 X 20 or 8 X 16 Good to have a variety of sizes already tinted handy especially when painting plein air  
1 of each

**-\*I recommend preparing your surfaces with a pale neutral underpainting. Have a cool and warm tinted surfaces to save time and you can choose which surface will be suitable for the exercise.**

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brushes