

Drop-In Life Drawing Pose Schedule

Week 1 & 2

Time	Activity/Pose
6:00 PM	(3)1, 2, 5, (2)10 minute poses
6:30 PM	(2) 15 minute poses
7:00 PM	BREAK - 10 mins
7:10 PM	20 minute
7:30 PM	30 minute

Week 3 & 4

6:00 PM	(3)1, 2, 5, 10 minute warm-ups
6:20 PM	30 minute
6:50 PM	BREAK - 10 mins
7:00 PM	25 minute
7:25 PM	BREAK - 5 mins
7:30 PM	30 minute